

**FREE ACTIVITIES
FOR YOUNG
PEOPLE**

11 - 19*

Mondays - 5pm - Film Club

Write, shoot, act in & edit films.

Tuesdays - 6pm - Volunteer

Serving the community & skills-development.

Wednesdays - 6pm - Slough Young Carers

A fun weekly session exclusively for young carers.

Wednesdays - 6pm - Poetry with Empoword

Take part in interactive writing workshops.

Wednesdays - 7.30pm - Fitness

A free workout with team GB athlete, Mahama Cho.

Thursdays - 7pm - Juice with Jemma (Girls Only)

Good vibes, life skills and empowerment.

Saturdays (2nd Sat of the month) - 11am - Script Saturday

Write, shoot, act in & edit films.

Saturdays - 7pm - Gaming Night

For the players - currently a FIFA20 tournament on PS4.